

**DOCTORAL THESIS**

# Magnetic Nanomaterials Synthesis and Functionalization for Biomedical Applications

Maria Volokhova

TALLINN UNIVERSITY OF TECHNOLOGY  
DOCTORAL THESIS  
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# **Magnetic Nanomaterials Synthesis and Functionalization for Biomedical Applications**

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**Defence of the thesis:** 4 July 2022, Tallinn

**Declaration:**

*Hereby I declare that this doctoral thesis, my original investigation and achievement, submitted for the doctoral degree at Tallinn University of Technology, has not been submitted for any academic degree elsewhere.*

Maria Volokhova

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signature

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# Magnetiliste nanomaterjalide süntees ja funktsionaliseerimine biomeditsiiniliste rakenduste jaoks

MARIA VOLOKHOVA





## List of Publications

The present Ph.D. thesis is based on the following publications that are referred to in the text by Roman numbers.

- I **Volokhova, M.**; Boldin, A.; Link, J.; Tsujimoto, M.; Stern, R. and Seinberg, L.; Synthesis of Ni@SiO<sub>2</sub> and Co@SiO<sub>2</sub> Nanomagnets After Formation of NiO and Co<sub>3</sub>O<sub>4</sub> Nanoparticles at Low Temperatures Using CaH<sub>2</sub>. *Journal of Materials Research and Technology* **2022**, *16*, 988-992.
- II Xie, R.; **Volokhova, M.**; Boldin, A.; Seinberg, L.; Tsujimoto, M.; Yang, M.; Rasche, B.; Compton, R.; (2020). Electro-catalytic oxidation of hydroxide ion by Co<sub>3</sub>O<sub>4</sub> and Co<sub>3</sub>O<sub>4</sub>@SiO<sub>2</sub> nanoparticles both at particle ensembles and single particle level. *Chem-ElectroChem*, *7* (5), 1261-1276.
- III **Volokhova, M.**; Shugai, A.; Tsujimoto, M.; Kubo, A.-L.; Telliskivi, S.; Nigul, M.; Uudekull, P.; Vija, H.; Bondarenko, O.M.; Adamson, J.; Kahru, A.; Stern, R.; Seinberg, L. Cubic Iron Core-Shell Nanoparticles Functionalized to Obtain High-Performance MRI Contrast Agents. *Materials* **2022**, *15*, 2228.
- IV **Volokhova, M.**; Boldin, A.; Link, J.; Shugai, A.; Pehk, T.; Stern, R.; Seinberg, L. Synthesis of zwitterionic dopamine sulfonate coated cubic  $\alpha$ -Fe@SiO<sub>2</sub> nanoparticles and their magnetic properties analysis [Appearing].

## Author's Contributions to the Publications

- I The author was carrying out and planning the experiments, conducted, interpreted, and presented the powder x-ray diffraction measurements. The author wrote the manuscript, with contributions from the co-authors, and compiled the supporting information.
- II The author was carrying out nanoparticles synthesis. Conducted, interpreted, and presented powder x-ray diffraction measurements. The author wrote nanoparticles synthesis and x-ray diffraction results in the manuscript and supporting information.
- III The author was carrying out and planning the experiments, conducted, interpreted, and presented the powder x-ray diffraction measurements. The author wrote the manuscript, with contributions from the co-authors, and compiled the supporting information.
- IV The author was carrying out and planning the experiments, conducted, interpreted, and presented the powder x-ray diffraction measurements. The author wrote the manuscript, with contributions from the co-authors, and compiled the supporting information.

## Other publications by the author (Not discussed in this thesis)

1. **Industrial property:** Invention: METAL-BASED CORE NANOPARTICLES, SYNTHESIS AND USE; Owners: LSMedical ; Authors: Liis Seinberg, **Maria Volokhova**; Patent application nr WO2021/144006 A1 (2021)
2. Kiolein, L; Kaare, K; **Volokhova, M**; Tsujimoto, M; Palgrave, R; Seinberg, L; Kruusen-berg, I (2022). Silica Encapsulated Cobalt and Nitrogen Co-doped Carbon Nanotubes as a Catalyst for Oxygen Reduction Reaction. ACS Applied Nano Materials [Appearing].
3. Barghi, B; Jürisoo, M ; **Volokhova, M**; Seinberg, L; Reile, I; Mikli, V; Niidu, A (2022). Process Optimization for Catalytic Oxidation of Dibenzothiophene over UiO-66-NH<sub>2</sub> by Using Response Surface Methodology. ACS Omega (2022).

## Introduction

Magnetic Resonance Imaging (MRI) has developed into a very effective technique for imaging live specimens noninvasively. The contrast agents (CA) that contain paramagnetic ion gadolinium (III) are currently used to improve visibility of tissues and cells that are magnetically similar but histologically distinct. To maximize the efficiency of CA, it is necessary to design agents that are sensitive to biological features and directed to particular locations.

Preparing nanoparticles with homogeneous size and shape, especially for large-scale production remains challenging. Superparamagnetic NPs with size less than 50 nm are found to be promising materials for biomedical application as a MRI  $T_2$  CA. Usage of metal hydride reduction reaction (at the temperatures  $<200^\circ\text{C}$ ) offers to synthesize new metal superparamagnetic NPs. This could be a significant leap forward in the MRI field.

Superparamagnetic metal magnetic NPs with size 50 nm synthesis and application as MRI CA continues to suffer from several challenges, such as long-term magnetic stability, aggregation, coagulation and lack of crystallinity in the materials. This work is focused on the synthesis and functionalisation of NPs with stable superparamagnetic properties in water solution and with functionalised nontoxic and biocompatible organic shells. Such NPs overcome aggregation and coagulation and would be applicable as improved MRI CA. NPs improved magnetic properties in the field of MRI CA and early disease diagnostics. Therefore, there is still a strong need for improved CA that are more specific, give higher signal and are less retained. It is important to synthesise NPs that can serve not only as transverse relaxation  $T_2$ , but could also influence longitudinal relaxation  $T_1$  CA.

This thesis contains a modified synthesis method of NPs, their design as well as their characteristics. The experimental part depicts a variety of instruments, as well as characterisation and analytical procedures, reagents, and their solutions. Iron, cobalt and nickel oxide NPs were synthesized through a modified solvothermal synthesis process. Different single source precursors were used to regulate the composition. Several reaction stoichiometric ratios were observed, as well as reaction temperatures. Secondary chalcogen source were all examined under various conditions. As a result,  $\text{Co}_3\text{O}_4$ , NiO (**Publ. I and Publ. II**) and  $\text{Fe}_2\text{O}_3$  NPs were obtained (**Publ. III and IV**). Those NPs were coated with  $\text{SiO}_2$ ,



and later reduced with  $\text{CaH}_2$ . Metal cores of Co and Ni NPs with  $\text{SiO}_2$  shell were formed.

In addition  $\text{Co}_3\text{O}_4$  and  $\text{Co}_3\text{O}_4@ \text{SiO}_2$  NPs were synthesised and studied separately (**Publ. II**). This part of research was done with help from Prof. Compton group from Oxford University. In this collaborative work we wanted to study nanoparticle-mediated electrochemical oxidation. Particles with core-shell structure were synthesised and their electrochemical behaviour was studied and compared with oxide nanoparticles.

NPs crystal structure and morphology were analyzed using powder X-ray diffraction and transmission electron microscopy. Vibrating-sample magnetometry was used to evaluate the mass magnetization and coercivity at room temperature, which is superior in comparison to oxide cores. After studying reaction properties, Fe NPs were synthesised (less than  $500^\circ\text{C}$ ) for the future biomedical application.  $\alpha\text{-Fe}@ \text{SiO}_2$  NPs surface was chemically modified with  $\text{NH}_2$  - silane (**Publ. III**) and zwitterionic dopamine sulfonate (**Publ. IV**). This was done to improve their water solubility for biomedical application, such as MRI contrast agent.

## Abbreviations

NPs	Nanoparticles
MRI	Magnetic Resonance Imaging
PXRD	Powder X-Ray Diffraction
TEM	Transmission Electron Microscopy
VSM	Vibrating Sample Magnetometry
PPMS	Physical Properties Measurement System
NMR	Nuclear Magnetic Resonance
DLS	Dynamic Light Scattering
ZDS	Zwitterionic Dopamine Sulfonate
CA	Contrast Agents
CSF	Cerebrospinal fluid
SC fat	Subcutaneous fat
$M_s$	Saturation Magnetization
PVP	Polyvinylpyrrolidone
DMF	N,N-Dimethylformamide
EtOH	Ethanol
MeOH	Methanol

## Abstract

# Magnetic nanomaterials synthesis and functionalization for biomedical applications

Nanomaterials can be prepared via several different synthesis methods. To obtain stable material it is crucial to optimize the synthesis conditions. In nanotechnology, most common way to synthesise NPs is by using high temperature reactions. In contrast, using the synthesis that is carried out at low temperatures (<500°C), chance is higher to obtain nanomaterials with desired properties and functionality. This thesis is divided into four chapters.

The first study describes the synthesis of Ni and Co based NPs, that are widely used because of their magnetic and electric properties. They can be used as efficient electrocatalysts for oxygen reduction reactions to replace fuel cell cathode materials. In this work NiO and Co<sub>3</sub>O<sub>4</sub> NPs were synthesized using one-pot pyrolysis. Oxide NPs were covered with SiO<sub>2</sub> and reduced at a low temperature using CaH<sub>2</sub> in a vacuum-sealed tube, and as a result core-shell structures with metal Ni and Co cores and SiO<sub>2</sub> shell were obtained. Both Ni and Co metal oxides and their metal NPs crystal structure and morphology were analyzed using powder X-ray diffraction (PXRD) and transmission electron microscopy (TEM). Furthermore, Ni@SiO<sub>2</sub> and Co@SiO<sub>2</sub> NPs magnetic behaviour was measured.

The second study was based on Co<sub>3</sub>O<sub>4</sub> and Co<sub>3</sub>O<sub>4</sub>@SiO<sub>2</sub> NPs that were synthesised and studied separately with the help of Prof. Compton's group from the University of Oxford. Particles with core-shell structure were synthesised and their electrochemical behaviour was studied and compared with oxide NPs. Co<sub>3</sub>O<sub>4</sub>@SiO<sub>2</sub> NPs showed similar electrochemistry results as a Co<sub>3</sub>O<sub>4</sub> NPs. NPs had electro-catalytic activity towards OH<sup>-</sup> oxidation, as well as activity towards the chemical decomposition of H<sub>2</sub>O<sub>2</sub>, which gave us an opportunity to use Co<sub>3</sub>O<sub>4</sub> cored NPs as a bifunctional electrochemical and chemical catalysts.

The third study presents cubic iron core NPs with SiO<sub>2</sub> coating ( $\alpha$ -Fe@SiO<sub>2</sub>). These were found to have saturation magnetization very close to the highest possible value of any iron containing NPs and the bulk iron saturation magnetization. Further studies showed that they possess better MRI contrast agent potential than iron oxide NP-s on a clinical 3T MRI. ( $r_2$  - 55 s<sup>-1</sup>mM<sup>-1</sup> spherical  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub>@SiO<sub>2</sub>, 109 s<sup>-1</sup>mM<sup>-1</sup> cubic core  $\alpha$ -Fe@SiO<sub>2</sub>).

The forth study focuses on synthesising NPs coated with a layer of chemically bound organic ligands.  $\alpha$ -Fe core NPs were successfully synthesised with a SiO<sub>2</sub> shell. Their crystal structure and morphology were analysed using PXRD and TEM. Zwitterionic dopamine sulfonate (ZDS) was synthesised and used as a coating material for the cubic core  $\alpha$ -Fe@SiO<sub>2</sub>NP to improve their water solubility. Polydispersity index (PDI) was measured for Fe@SiO<sub>2</sub>@ZDS NPs and was found to be 0.342, which is suitable for biomedical application.

## Kokkuvõte

### Magnetiliste nanomaterjalide süntees ja funktsionaliseerimine biomeditsiiniliste rakenduste jaoks

Nanomaterjale saab valmistada erinevate sünteesimeetodiga. Stabiilse materjali sünteesiks on oluline sünteesitingimusi optimeerida. Nanomaterjalide sünteesimisel on levinumad kõrge temperatuuriga reaktsioonid, kuid sünteesides madalatel temperatuuridel, on võimalus kontrollida materjali omadusi ja nende funktsionaalsust suurem. Selle doktoritöö tulemused on jagatud nelja uuringuga.

Esimeses uuringus kirjeldatakse Ni- ja Co-põhisid nanomaterjali, mida kasutatakse laialdaselt nende sootsatemagnetiliste ja elektriliste omaduste tõttu. Näiteks saab neid kasutada elektrokatalüsaatoritena hapniku redutseerimise reaktsioonis, et asendada kütuseelemendi katoodematerjale. Selles töös sünteesiti NiO ja Co<sub>3</sub>O<sub>4</sub> NP ühe-poti pürolüüsi abil. Oksiid-nanoosakesed kaeti SiO<sub>2</sub>-ga ja redutseeriti madalal temperatuuril (<500°C) CaH<sub>2</sub> abil vaakumkinnitusega torus, mille tulemuseks saavutati Ni- ja Co-metalse tuuma ja SiO<sub>2</sub>-katetega tuum-kest struktuurid. Nii Ni- kui ka Co-metallioksiide ja nende metallide nanoosakeste kristallstruktuuri ja morfoloogiat analüüsiti pulberröntgendifraktsiooni (PXRD) ja transmissioonelektronmikroskoobi (TEM) abil. Lisaks mõõdeti Ni@SiO<sub>2</sub> ja Co@SiO<sub>2</sub> nanoosakeste magnetkäitumist.

Teine uuring põhines Co<sub>3</sub>O<sub>4</sub> ja Co<sub>3</sub>O<sub>4</sub>@SiO<sub>2</sub> NP-del, mis sünteesiti ja uuriti eraldi Oxfordi ülikooli prof Comptoni rühma abiga. Sünteesiti tuum-kest struktuuriga osakesed ning uuriti nende elektrokeemilisi käitumisi ja võrreldi nende oksiidiga. Co<sub>3</sub>O<sub>4</sub>@SiO<sub>2</sub> NP-d näitasid sarnaseid elektrokeemilisi tulemusi kui Co<sub>3</sub>O<sub>4</sub> NP-d. NP-del oli elektrokatalüütiline aktiivsus OH<sup>-</sup> oksüdatsiooni suhtes, samuti aktiivsus H<sub>2</sub>O<sub>2</sub> keemilise lagunemise suhtes, mis annab võimaluse kasutada Co<sub>3</sub>O<sub>4</sub> tuumaga NP-sid bifunktsionaalse ainega, ehk elektrokeemilise ja keemilise katalüsaatorina.

Kolmas uuringus esitletakse SiO<sub>2</sub> kattedega kuubikujulisi metalse raua tuumaga nanoosakesi. Leiti, et nende küllastusmagnetiseerumine on väga lähedane kõigi Fe sisaldavate nanoosakeste kõrgeimale võimalikule väärtusele ja metalse raua küllastusmagnetiseeritusele. Edasised uuringud näitavad, et neil on parem MRI kontrastaine potentsiaal kui raudoksiidi nanoosakestel. ( $r_2 = 55 \text{ s}^{-1} \text{ mM}^{-1}$  sfääriliste  $\gamma\text{-Fe}_2\text{O}_3\text{@SiO}_2$ ,  $109 \text{ s}^{-1} \text{ mM}^{-1}$  kuubiliste  $\alpha\text{-Fe@SiO}_2$  puhul).

Neljas uuring keskendub keemiliselt seotud orgaaniliste ligandite kihiga kaetud NP-de sünteesimisele.  $\alpha\text{-Fe}$  tuuma nanoosakesed sünteesiti edukalt SiO<sub>2</sub> kestaga. Nende kristallstruktuuri ja morfoloogiat analüüsiti PXRD ja TEM abil. Zwitter dopamiin sulfonaati (ZDS) sünteesiti ja seda kasutati kuubilise tuuma  $\alpha\text{-Fe@SiO}_2$  nanoosakeste katematerjalina, parandades nende vees lahustuvust. Polüdisperssuse indeks (PDI) mõõdeti Fe@SiO<sub>2</sub>@ZDS NP jaoks ja leiti, et see on 0.342. See näitab, et NP-d on bioloogiliselt ühilduvad.

# Curriculum Vitae

## Personal data

Name	Maria Volokhova
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2018–2022	Tallinn University of Technology, Applied Chemistry and Biotechnology, PhD studies
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2013–2016	Tallinn University of Technology, Applied Chemistry and Biotechnology, BSc
2007–2013	Tallinn Tynismae Science School
2001–2007	Multidisciplinary Lyceum N°4, Russia, Pskov

## Language competence

Estonian	fluent
English	fluent
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## Professional employment

2018– ...	National Institute of Chemical Physics and Biophysics, Early-stage researcher (PhD student) (1,00)
2017–2018	National Institute of Chemical Physics and Biophysics, Engineer (0,50)

## Honours and awards

- 2020, Estonian National Culture Foundation, Tamkivi Real Sciences Scholarship
- 2019, Maria Volokhova, Dora Pluss (student mobility)
- 2018, Maria Volokhova, Kristjan Jaak Scholarship for Short Study Visit

## Scientific work

AVS Conference 2018 - Pacific Rim Symposium on Surfaces, Coatings and Interfaces (PacSurf 2018 USA)

2018 - Workshop "From Nanotechnology to Nanomedicine" (Estonia, Tallinn, Nordic Hotel Forum)

France, Workshop - NMR Relaxometry for Interdisciplinary and Industrial Applications. (COST 2019)

JSPS-ETAg Joint Seminar (2019, Centennial Hotel Tallinn, Estonia)

3rd Workshop of the "EURELAX" COST Action (CA15209). (Co-Organizer, COST Tallinn 2020)

# Elulookirjeldus

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2018– ...	Keemilise ja Bioloogilise Füüsika Instituut, nooremteadur (PhD) (1,00)
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## Autasud

- 2020, Maria Volokhova, Eesti Rahvuskultuuri Fond, Tamkivi Reaalteaduste stipendium
- 2019, Maria Volokhova, Dora Pluss (lühiajaline õpiränne)
- 2018, Maria Volokhova, Kristjan Jaagu välislähetuste stipendium

## Teadustegevus

AVS konverents 2018 – Pacific Rim Symposium on Surfaces, Coatings and Interfaces (PacSurf 2018 USA)

2018 - konverents "Nanotehnoloogiast nanomeditsiinini" (Eesti, Tallinn, Nordic Hotel Forum, Tallinna Tehnikaülikool, Keemilise Füüsika ja Biofüüsika Instituut)

Prantsusmaa, konverents – NMR-relaksomeetria interdistsiplinaarseteks ja tööstuslikeks rakendusteks. (COST 2019)

JSPS-ETAg ühisseminar (2019, Centennial Hotel Tallinn, Eesti)

EURELAXi COST Aktsiooni konverents (CA15209). "NMR ja MRI relaksomeetria keemias ja biomeditsiinis" (Kaaskorraldaja, COST Tallinn 2020)

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